https://www.shawephysio.com/job/nutritionist-dietitian-hertfordshire-2/

Dietitian / Nutritionist – Hertfordshire – Hoddesdon, part or full time hours available.

Hiring organization
Shawe Physio

Beginning of employment
July / August 2026

Duration of employment
Permanent

Industry
Health and Wellbeing

Job Location
Fawkon Walk, EN11 8Tj, Hoddesdon, South East England, Hertfordshire

Working Hours
8 – 40

Earning potential
£ 25 - £ 50

Date posted
May 13, 2026

Valid through
31.08.2026

Description

Shawe Physio is looking for an enthusiastic and motivated Nutritionist or Dietitian to join our growing multidisciplinary private practice in Hoddesdon.

We are a modern, evidence-based clinic with a strong reputation for high-quality rehabilitation, physiotherapy and wellbeing services. This is an exciting opportunity for a clinician looking to develop or expand a private caseload within a collaborative healthcare environment.

We are particularly interested in clinicians with experience or interest in:

- Sports nutrition
- Weight management
- Gut health
- Persistent pain and inflammation
- Performance nutrition
- Nutritional support during rehabilitation
- Women's health
- Metabolic health
- Fatigue and energy management
- Behaviour change and lifestyle coaching

The Role

This is a flexible self-employed position designed around the successful applicant's availability and clinical interests.

The successful clinician will be responsible for building and managing their own caseload whilst benefiting from strong cross-referral opportunities from our physiotherapy and rehabilitation team.

Potential caseload areas may include:

- Sports and performance nutrition
- Nutritional support during injury recovery
- Weight management and body composition
- Digestive health
- Nutritional education and lifestyle support
- Healthy ageing and metabolic health
- Nutrition for chronic health conditions
- Women's health and hormonal wellbeing
- General wellbeing optimisation

Why work with us?

Shawe Physio was founded off the back of Michael Shawe's frustrations with working in both the NHS and the Private sector as a Physiotherapist. In the NHS he

found he was unable to give his patients the standard of care they deserved due to short appointment times and limited numbers of appointments available to patients, as well as patients having to wait a very long time to see clinicians.

In the private sector he found that many practices were overly revenue focused, encouraging practitioners to sell packages of care rather than treat the cause as efficiently as possible.

Michael wanted instead to form a practice that focused on treating patients how he himself wished to be treated – by always putting the patients' interests' firsts, focusing on true care that educated and empowered patients and always aimed to treat the cause of the issue not just the symptoms. His approach focuses on a mixed stance of manual and exercise therapy with the best current evidence-based treatments in mind.

Since opening Shawe Physio in 2015, the clinic has grown into an expert team of clinicians, with MSK base qualifications, individual specialisms and mountains of great experience.

Thanks to all the great members of our team, Shawe Physio has become an exceptional place to work, with outstanding patient reviews and unparalleled customer experience.

If you're looking for an opportunity to fully make the most of your profession, please contact us for more information.

Responsibilities
Independently responsible for clinical caseload and insurance company reporting.

We provide an admin team to support with insurance company invoicing, payment handling and rebooking patients.

This is an exciting opportunity for either:

- A driven newly qualified clinician looking to build their own caseload within a supportive and established clinic environment, or
- An experienced Dietician / Nutritionist with an existing patient base seeking excellent facilities, admin support, and strong cross-referral opportunities.

Qualifications
Applicants must:

- Hold a recognised UK qualification in Nutrition or Dietetics
- Be appropriately registered:
    - HCPC registered Dietitian, or
    - Registered Nutritionist (AfN) preferred
- Hold appropriate professional liability insurance
- Have the right to work in the UK
- Be confident managing their own caseload
- Demonstrate excellent communication and clinical reasoning skills

Desirable:

- Experience within private practice, rehabilitation, sports or musculoskeletal settings
- Interest in multidisciplinary working
- Behaviour change coaching experience

- Experience supporting active population.

Job Benefits

At Shawe Physio, we aim to allow clinicians to focus on patient care whilst we support the operational side of private practice.

You will benefit from:

- 50% revenue split
- Flexible working schedule
- Full reception and administration support
- Online booking system
- Marketing and social media promotion
- Cross-referrals from our physiotherapy and rehabilitation team
- Card payment and invoicing support
- Modern treatment facilities
- Private treatment/consultation room
- Established local reputation and patient flow

Contacts

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